

# Collaborative Action in First Nations Health



First Nations Health Authority  
Health through wellness

Richard Jock and Shannon McDonald  
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## Joint BC First Nation and Ministry of Health Project Board

- Senior bilateral forum between BC Ministry of Health and the FNHA
- Goals:
  - Advancing strategic priorities
  - Overcoming policy barriers
  - Supporting priorities and initiatives of the regions
  - Supporting integration of services and initiatives of the province and the FNHA
- Current priority is regional investment of funding available through MSP agreement
  - \$15.33 million available over 3 years to invest in sustainable health service delivery for First Nations people

## Joint Project Board

- Project priority areas:
  - Primary care
  - Maternal and Child Health
  - Mental Wellness and Substance Use
  - Oral Health
- Principles of funding:
  - Projects must increase access to health services
  - Health professionals must be regulated and in good standing with their regulatory body
  - Collaboration between communities
  - Leverage partnerships with key stakeholders such as Regional Health Authorities, Divisions of Family Practice, other health care providers

## Joint Project Board and Primary Health Care

Interest in exploring innovative models of service delivery, such as:

- Teamlet models of care
  - Planning multidisciplinary care teams with a health coaching role
  - Focus on patient-centered care
  - Integration of traditional knowledge and the First Nations perspective on wellness into primary care
  - Teamlets can focus on primary health care, mental wellness and substance use, maternity care, dental care and others
- Strategic addition of health care providers to develop multidisciplinary teams and increase access to and impact of health services
- Funding models to enable team-based care (salary, sessionals)
- Technology to enable team-based care

## Joint Project Board

- The following projects have been approved, or approved in principle, by Joint Project Board:
  - Primary Health Care Services at Seabird Island
  - Primary Health Care Services Sto:lo Nation Health
  - Carrier Sekani Family Services Primary Care Expansion Project
  - Coast Salish Primary Care Teamlet
  - Vancouver Coastal Mental Wellness & Substance Use Specialist Services
  - Shuswap, Carrier & Chilcotin Community Mobile Treatment Program Expansion
  
- The following project plans are under development:
  - Nuuchahnulth Oral Health Teamlet
  - Kwakwaka'wakw Maternal Care Teamlet

## Project Profile: Coast Salish Teamlet Model

- Coast Salish Teamlet Model at Ts'ewulhtun Health Centre
  - Relationship-based care with emphasis on continuity, trust, accessibility, patient-centredness, cultural safety, innovation
- Primary health care team:
  - 1.0 FTE Family physician
  - 1.0 FTE RN case manager
  - 1.0 FTE Health coaches (focus on behavioural health)
  - 1.0 FTE Dietitian
  - 1.0 FTE Occupational therapist
  - Administration
- Long-term vision: Ts'ewulhtun Health Centre as a regional holistic wellness centre



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# Discussion